



2012 California Track & Field Outdoor Best Marks List

Cal Record in Parentheses / # New Cal Record / ^ Cal Freshman Record
 h Earned Mark in Heptathlon / d Earned Mark in Decathlon / i Earned Mark Indoors

Men

Name	Mark	Date	Site	PR	Name	Mark	Date	Site	PR
100 meters (10.18a, Atlee Mahorn, 1990)					3000-meter Steeplechase (8:35.37, Kevin Davis, 2007)				
Dash Oliver	10.86	4/14	Berkeley	10.86	Collin Jarvis	8:54.06	4/14	Berkeley	8:54.06
Chad Jones	10.91	4/6	Stanford	10.91	Simon Schmidt	9:02.36	4/14	Berkeley	9:02.36
Tom Blocker	11.03	3/17	Sacramento	10.90	Chris Kigar	9:36.82	4/6	San Francisco	9:36.82
Michael Bullard	11.08	4/6	Stanford	11.08	4x100-meter Relay (39.14, Strickland/Burns/Nichols/Walker, 1975)				
Hammed Suleman	11.14	3/3	Berkeley	11.14	Grant/Wheeler/Oliver/Suleman	41.19	4/14	Berkeley	41.19
Kamron Shahbahrani	11.41	3/24	San Francisco	11.41	Grant/Oliver/Bullard/Jones	41.32	3/31	Tucson	41.32
200 meters (20.20, Atlee Mahorn, 1988)					Grant/Kientzel/Carmichael/Suleman	42.54	3/24	San Francisco	42.54
Dash Oliver	22.02	4/7	Stanford	22.02	Grant/Kientzel/Jones/Suleman	42.61	3/17	Sacramento	42.61
Tom Blocker	22.20w	3/17	Sacramento	21.74	Suleman/Kientzel/Ridge/Grant	42.65	3/3	Berkeley	42.65
Jonathan Berry-Smith	22.23	4/7	Stanford	22.23	4x400-meter Relay (3:03.9, Wallace/Walker/Mosley/Robinson, 1976)				
Charles Saseun	22.60	4/14	Berkeley	22.60	Berry-Smith/Holmes/Holtson/Sam	3:16.25	4/14	Berkeley	3:16.25
Michael Bullard	22.68w	3/31	Tucson	22.68w	Bullard/Berry-Smith/Holtson/Shahbahrani	3:24.69	3/3	Berkeley	3:24.69
Taylor Kientzel	24.00	3/24	San Francisco	24.00	Carmichael/Kientzel/Ridge/Grant	3:27.37	3/3	Berkeley	3:27.37
Kamron Shahbahrani	24.17	3/3	Berkeley	24.17	High Jump (7-5.75, Jeff Rogers, 1990)				
400 meters (45.46, Peter Howard, 1985)					Brian Carmichael	7-2.25 (2.19m)	4/14	Berkeley	7-2.25
Jonathan Berry-Smith	48.53	4/14	Berkeley	48.53	Nick Ridge	6-11.75 (2.13m)	4/14	Berkeley	6-11.75
Sebastian Sam	49.76	3/24	San Francisco	49.76	Mike Tracy	6-9.75 (2.08m)	4/14	Berkeley	6-9.75
Idarre Coles	52.94	3/17	Sacramento	52.94	Harrison Steed	6-2.75 (1.90m)	3/24	San Francisco	6-2.75
800 meters (1:45.4, Rick Brown, 1972)					Pole Vault (18-8.25, Brent Burns, 1992)				
Sebastian Sam	1:51.83	3/3	Berkeley	1:48.82	Evan Barr	15-1.00 (4.60m)	3/3	Berkeley	15-1.00
Colin Holtson	1:52.58	3/3	Berkeley	1:52.58	Andrew Ramay	14-7.25 (4.45m)	3/3	Berkeley	14-7.25
Dylan Isaacson	1:53.84	4/7	Stanford	1:53.84	Long Jump (26-6.25, Curtis Rogers, 1990)				
1500 meters (3:39.59, Mark Matusak, 2010)					Hammed Suleman	25-5.25 (7.75m)	3/31	Tucson	25-5.25
Collin Jarvis	3:48.25	3/31	Tucson	3:48.25	Jonte Grant	24-1.75 (7.36m)	3/31	Tucson	25-0.50i
Matt Carpowich	3:49.24	3/31	Tucson	3:49.24		24-1.75 (7.36m)	4/14	Berkeley	25-0.50i
Chris Walden	3:51.35	3/3	Berkeley	3:51.35	Chase Wheeler	24-1.75 (7.36m)	4/14	Berkeley	24-1.75
Maxime Chevee	3:54.08	4/14	Berkeley	3:54.08	Taylor Kientzel	23-3.50 (7.10m)	4/14	Berkeley	23-10.25
Matt Petersen	3:58.53	3/24	San Francisco	3:58.53	Chad Jones	22-1.00 (6.73m)	3/31	Tucson	23-4.50
Simon Schmidt	4:05.81	3/24	San Francisco	4:05.81	Idarre Coles	21-0.75w (6.42m)	3/17	Sacramento	21-0.75w
Renaud Poizat	4:06.58	3/3	Berkeley	4:06.58	Triple Jump (55-0.00, Ken Williams, 1985)				
Chris Kigar	4:08.06	3/24	San Francisco	4:08.06	Hammed Suleman	52-1.25 (15.88m)	3/31	Tucson	52-10.75i
Bob Reistenberg	4:12.07	3/3	Berkeley	4:01.06	Chad Jones	50-2.50 (15.30m)	3/31	Tucson	50-2.50
Jordan Locklear	3:48.08	5/1	Stanford	3:48.08	Jonte Grant	49-4.25 (15.04m)	3/31	Tucson	49-4.25
3000 meters (7:48.05i, Michael Coe, 2009)					Taylor Kientzel	47-7.00 (14.50m)	3/31	Tucson	47-11.75
Collin Jarvis	8:05.88	4/14	Berkeley	7:59.85i	Shot Put (66-3.00, Dave Porath, 1981)				
Matt Miller	8:13.43	4/14	Berkeley	8:13.43	Sullivan Parker	52-8.25 (16.06m)	3/17	Sacramento	52-8.25
Maxime Chevee	8:23.58	4/14	Berkeley	8:23.10	Stephen Burke	46-4.00 (14.12m)	3/17	Sacramento	46-4.00
Chris Walden	8:24.17	4/14	Berkeley	8:24.17		46-4.00 (14.12m)	4/14	Berkeley	46-4.00
Matt Carpowich	8:34.77	4/14	Berkeley	8:34.77	Scott Esparza	46-2.00 (14.07m)	4/14	Berkeley	46-2.00
J.P. Slater	8:37.08	4/14	Berkeley	8:37.08	Discus (210-11, Ramon Jimenez-Gaona, 1992)				
5000 meters (13:31.8, Bolota Asmerom, 2001)					Derek White	180-8 (55.06m)	4/14	Berkeley	180-8
Collin Jarvis	13:42.31	4/6	Stanford	13:42.31	Chijoke Nwuzi	160-10 (49.03m)	4/14	Berkeley	160-10
Maxime Chevee	14:07.44	4/6	Stanford	14:05.45i	Sullivan Parker	151-3 (46.10m)	4/14	Berkeley	151-3
Matt Carpowich	14:19.33	4/6	San Francisco	14:19.33	Hammer (229-0, Jari Matinalli, 1986)				
Chris Walden	14:24.89	4/6	Stanford	14:24.89	Scott Esparza	193-5 (58.95m)	4/14	Berkeley	193-5
J.P. Slater	14:57.66	4/6	Stanford	14:54.21	Derek White	192-4 (58.62m)	4/14	Berkeley	192-4
Simon Schmidt	15:10.07	4/6	Stanford	14:36.54i	Stephen Burke	170-11 (52.11m)	4/14	Berkeley	170-11
10,000 meters (Yosef Ghebray, 29:30.92)					Isaac Dan	166-9 (50.82m)	3/24	San Francisco	166-9
Matt Miller	29:30.92	4/6	Stanford	29:30.92	Chijoke Nwuzi	163-10 (49.95m)	4/6	Stanford	163-10
110-meter hurdles (13.39, Larry Cowling, 1982)					Javelin (250-10, Ryan Young, 2009)				
Chad Jones	14.57	4/14	Berkeley	14.57	Hammed Suleman	145-0 (44.20m)	4/14	Berkeley	145-0
Idarre Coles	16.51	3/17	Sacramento	16.51	Chijoke Nwuzi	140-8 (42.87m)	4/14	Berkeley	140-8
400-meter hurdles (48.46, Larry Cowling, 1982)									
Ryan Holmes	56.33	4/14	Berkeley	52.91					
Simon Schmidt	1:04.22	4/14	Berkeley	1:04.22					

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Women

Name	Mark	Date	Site	PR	Name	Mark	Date	Site	PR
100 meters (11.33, Antonette Carter, 2006)					100-meter hurdles (13.02, Kimyon Broom, 2009)				
Carisma Lyday	11.73	3/31	Tucson	11.73	Emani Truluck	13.62	4/14	Berkeley	13.62
Charnell Price	11.87	3/31	Tucson	11.68	Golde Ibia	14.67	4/6	Stanford	14.67
Malaina Payton	12.05	4/14	Berkeley	12.05	Tiarra Pittman	15.68	4/14	Berkeley	15.43
Tiarra Pittman	12.59	3/3	Berkeley	12.49	400-meter hurdles (57.61, Helga Holldorsdottir, 1986)				
Emani Truluck	12.61	3/3	Berkeley	12.35	Angelica Weaver	59.13	3/31	Tucson	59.13
Golde Ibia	12.72w	4/6	Stanford	12.72w	3000-meter Steeplechase (10:14.94, Rowena Tam, 2011)				
Nicole Larson	14.05	4/14	Berkeley	14.05	Taylor Bryson	10:19.73	4/14	Berkeley	10:19.73
200 meters (22.72, Antonette Carter, 2006)					Juliana Green	11:37.62	4/6	San Francisco	11:37.62
Charnell Price	24.07	4/14	Berkeley	24.07	4x100-meter Relay (44.28, Omwanghe/T. Johnson/Hawes/Carter, 2004)				
Alima Kamara	24.19	4/14	Berkeley	24.19	Payton/Trevisan/Lyday/Price	45.43	3/31	Tucson	45.43
Gia Trevisan	24.48	3/3	Berkeley	24.48	Payton/Kamara/Weaver/Price	46.84	3/24	San Francisco	46.84
Carisma Lyday	24.66	3/31	Tucson	24.66	4x400-meter Relay (3:35.46, Turner/Pierce/E. Smith/A. Johnson, 2007)				
Emani Truluck	25.74	3/31	Tucson	25.21	Price/Stevenson/Lawson/Trevisan	3:44.72	4/14	Berkeley	3:44.72
Golde Ibia	25.90	3/31	Tucson	25.90	Price/Trevisan/Lawson/Kamara	3:49.36	3/3	Berkeley	3:49.36
Amanda Hunter	26.05	3/3	Berkeley	26.05	Kamara/Trevisan/Lawson/Weaver	3:59.15	3/31	Tucson	3:59.15
400 meters (52.53, Latasha Gilliam, 1996)					Gammage/Stevenson/Lyday/Pittman	4:03.08	3/3	Berkeley	4:03.08
Angelica Weaver	54.65	3/3	Berkeley	54.65	High Jump (6-1.25, Kristen Meister, 2011)				
Alima Kamara	55.04	3/3	Berkeley	52.75	Gianna Fernandez	5-8.00 (1.73m)	3/3	Berkeley	5-9.75
Gia Trevisan	55.26	4/14	Berkeley	55.26	Kristin Rimbach	5-7.75 (1.71m)	4/6	Stanford	5-10.00
800 meters (1:59.29, Alysia Johnson, 2007)					Grace Beaudoin	5-5.25 (1.66m)	3/31	Tucson	5-5.25
Sofia Oberg	2:06.20	4/14	Berkeley	2:03.99	Aziza Baker	5-5.25 (1.66m)	3/31	Tucson	5-5.25
Taylor Bryson	2:09.05	3/3	Berkeley	2:09.05	Tara Lookabaugh	5-4-50 (1.64m)	4/14	Berkeley	5-4.50
Arielle Stevenson	2:10.30	4/14	Berkeley	2:10.30	Pole Vault (13-9.25, Katie Morgan, 2008)				
Sydney Gray	2:10.61	3/3	Berkeley	2:10.61	Nicole Larson	12-9.50 (3.90m)	4/6	Stanford	12-9.50
Taylor Dutch	2:12.37	3/3	Berkeley	2:12.18	Mackenzi Landry	11-3.75 (3.45m)	4/6	Stanford	11-3.75
Dynasty Gammage	2:13.40	4/14	Berkeley	2:13.40		11-3.75 (3.45m)	4/14	Berkeley	11-3.75
Taylor Lawson	2:14.78	4/14	Berkeley	2:14.78	Long Jump (22-1.00, Sheila Hudson, 1990)				
1500 meters (4:09.23, Louise Romo, 1984)					Malaina Payton	21-6.25w (6.56m)	4/14	Berkeley	21-6.25w
Sydney Gray	4:29.21	4/6	Stanford	4:29.21		20-7.75 (6.29m)	4/14	Berkeley	20-7.75
Taylor Dutch	4:32.87	4/14	Berkeley	4:25.26	Amanda Hunter	18-10.75w (5.76m)	3/3	Berkeley	19-1.50
Laura O'Neill	4:43.26	3/24	San Francisco	4:43.26	Sunny Margerum	16-7.00 (5.05m)	4/14	Berkeley	16-7.00
Hillary Hayes	4:46.18	3/24	San Francisco	4:28.22	Triple Jump (46-0.75, Sheila Hudson, 1990)				
2 Miles					Amanda Hunter	41-8.00w (12.70m)	3/31	Tucson	41-8.00w
Kelsey Santisteban	10:48.96	4/6	San Francisco	10:48.96	Aziza Baker	40-4.25 (12.30m)	4/7	Stanford	40-4.25
Laura O'Neill	10:49.95	4/6	San Francisco	10:49.95	Shot Put (54-4.75, Kristin Heaston, 1999)				
Hillary Hayes	11:03.93	4/6	San Francisco	11:03.93	Linda Oseso	43-5.25 (13.24m)	4/14	Berkeley	47-3.50i
3000 meters (9:00.86i, Chelsea Reilly, 2012)					Discus (188-11, Kelechi Anyanwu, 2007)				
Kelsey Santisteban	9:50.62	4/14	Berkeley	9:50.62	Linda Oseso	133-11 (40.81m)	4/14	Berkeley	133-11
Taylor Dutch	10:03.43	3/31	Tucson	10:03.43	Hammer (214-0, Jennifer Joyce, 2002)				
Hillary Hayes	10:11.09	4/14	Berkeley	10:11.09	Linda Oseso	183-0 (55.77m)	4/14	Berkeley	188-7
Laura O'Neill	10:26.92	4/14	Berkeley	10:26.92	Javelin (152-10, Emilee Strot, 2006)				
Kathleen Uyttewaal	10:52.49	4/14	Berkeley	10:52.49	Katie Bruzzzone	135-2 (41.21m)	4/14	Berkeley	135-2
5000 meters (15:29.24i, Deborah Maier, 2012)					Cheri Chan	131-4 (40.04m)	3/3	Berkeley	131-4
Taylor Bryson	16:05.72	4/6	Stanford	16:05.72					